KyHealth Choices

Member Handbook

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Important Telephone Numbers

Agency	Phone Number
KyHealth Choices	1-800-635-2570 (Toll Free) For
	TDD/TTY, call 711 to talk to KY Relay
24-hour Nurse Information Line	1-877-844-6970
Child and Adult Abuse	1-800-752-6200
National Domestic Violence Hotline	1-800-799-SAFE (7233)
IMPACT Plus	1-502-564-4797
Kentucky Children's Health Insurance Plan (KCHIP)	1-877-524-4718
	1-800-662-5397 en espanol
Medicaid Fraud and Abuse Hotline	1-800-372-2970
Social Security Administration (SSA)	1-800-772-1213
Nursing Home Ombudsman	1-800-372-2991
Office of the Medicaid Services Ombudsman	1-877-807-4027
Cabinet for Health and Family Services	Or TTY 1-800-627-4702
Parent Helpline	1-800-432-9251
Passport Health Plan	1-800-578-0603
	Or for TDD/TTY, call
	1-800-691-5566
Premium Payment Center	1-866-959-2447
Ky Children's Health Insurance Plan	
(KCHIP)	
Transitional Medical Assistance (TMA)	
EDS – Third Party Liability (TPL)	1-800-807-1459
Transportation	1-888-941-7433
State Health Insurance Assistance Program (SHIP)	1-877-293-7447
KenPAC to select or change your provider	
SSI Recipients	• 1-877-298-6108
 If you get benefits through DCBS 	 Contact your local DCBS office

Your Important Numbers

Your local ambulance number (for emergencies)	
Your Transportation Provider:	
(If you have transportation through KyHealth Choice	s)
Your Primary Care Provider's (PCP) name:	
Your SSA Office	
(Call KyHealth Choices for help with the number)	
Your Department for Community Based Services:	
(DCBS) Office	
Your DCBS worker's name/address:	
Your Home County:	our Case Number:

Important Web Sites

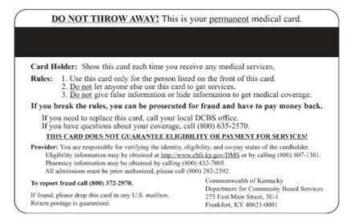
Agency	Web Address
KyHealth Choices	https://kyhealthchoices.fhsc.com
(also find the Provider Directory here)	http://chfs.ky.gov/dms/kyhealthchoices.htm
,	
Department for Medicaid Services (DMS)	http://www.chfs.ky.gov/dms
KCHIP	http://chfs.ky.gov/dms/KCHIP
Social Security	http://www.ssa.gov
Medicare	http://www.medicare.gov
Office of the Medicaid Ombudsman	http://chfs.ky.gov/omb
Passport Health Plan	www.passporthealthplan.com
Find local DCBS office	https://apps.chfs.ky.gov/Office_Phone/index.aspx
Kentucky Health-Net (providers only)	https://www.kymmis.com/kyhealthNet/user/user.aspx

KyHealth Choices and You

Your KyHealth Choices Card

KyHealth Choices is the name for Kentucky's Medicaid program. When you first become a KyHealth Choices member, you will get a KyHealth Choices card in the mail within 7-10 business days. Below you can see what the KyHealth Choices card looks like. It has your name and KyHealth Choices ID number on the front of the card. The ID number is a made-up number. When you get your card, make sure that your name on the card is correct. If you see something wrong on your card, contact your Department for Community Based Services (DCBS) worker. Your KyHealth Choices card is active as long as you continue to be eligible. **Do not throw your card away**. You will not get a new card each month. If you lose your card, contact your local DCBS office for another one.





You will need to take your card when you:

- Go to the doctor
- Go to a dentist or eye doctor
- Go to a clinic
- Get a vision or hearing exam
- Get a prescription filled
- Go to the hospital or emergency room
- Get medical supplies

If your personal information changes (name, address, etc.), contact your DCBS worker or local Social Security Administration (SSA) office right away. If you do not show your *KyHealth Choices* card each time you see a provider, you may be charged for the services you get. If you forget your card when you go for a service, you can ask the provider to call *KyHealth Choices* at 1-800-635-2570 or your provider can go to net/dmsstaffin.aspx. To prove that you are a *KyHealth Choices* member, your provider needs:

- Your name
- Your KyHealth Choices ID number
- If you don't have your KyHealth Choices ID number, you can use your social security number and date of birth

Your KyHealth Choices Benefit Plan

KyHealth Choices has four benefit plans for members. You are placed in one of these plans based on your medical needs. The four plans are:

- Global Choices
- Family Choices
- Optimum Choices
- Comprehensive Choices

Call *KyHealth Choices* at 1-800-635-2570 with questions about your benefits or visit the website at https://kyhealthchoices.fhsc.com.

Global Choices

Global Choices is the *KyHealth Choices* plan for most *KyHealth Choices* members. This plan covers basic medical services. This is not a complete list of services. If a service is not listed, there is no co-pay. Some service limits can be increased if the service is medically necessary (requires prior approval).

Call *KyHealth Choices* at 1-800-635-2570 with questions about your benefits or visit the website at https://kyhealthchoices.fhsc.com.

Some people covered by *KyHealth Choices* never have to pay co-pays. These people include:

- Non-KCHIP Children
- Children under 19 years old who are in foster care
- Pregnant women
- Hospice care patients
- Personal Care or Family Care Home

Co-pays cannot be more than 5% of a family's income per quarter.

Global Choices		
Benefit/Service	Co-pays *	Service Limits
Medical Out-of-Pocket Maximum	\$225 per calendar year (January – December)	
Pharmacy Out-of-Pocket Maximum**	\$225 per calendar year (January – December)	See prescription drug benefits
Acute Inpatient Hospital Services	\$50 co-pay per admission	
Laboratory, Diagnostic and Radiology Services	\$3 co-pay	
Out-patient Hospital / Ambulatory Surgical Centers	\$3 co-pay	
Physician Office Services ***	\$2 co-pay	
Behavioral Health Services****		
Allergy Services		Shots and allergy treatments limited to children under 21
Preventive Services		
Emergency Ambulance		
Dental Services	\$2 co-pay	 Children under 21, to include: 2 cleanings per 12-month period Extractions and fillings 1 set of x-rays per 12-month period Other dental services are available Adults 21 and over: 1 cleaning per 12-month period Limited to one dental visit per month Extractions and fillings 1 set of x-rays per 12-month period

Global Choices		
Benefit/Service	Co-pays *	Service Limits
Occupational Therapy		 At an approved setting: No limit for children under 21 Adults 21 and over are limited to 15 visits per calendar year
Physical Therapy	\$2 co-pay	At an approved setting: No limit for children under 21 Adults 21 and over are limited to 15 visits per calendar year
Speech Therapy	\$1 co-pay	At an approved setting: No limit for children under 21 Adults 21 and over are limited to 10 visits per calendar year
Hospice (non-institutional)		
Non-Emergency Transportation		Transportation only to a KyHealth Choices-approved medical service, not to pick up prescriptions
Chiropractic Services	\$2 co-pay	Limited to 26 visits per 12- month period for children and adults
Prescription Drugs (for Members who do NOT have Medicare Part D)	\$1 co-pay generic \$2 co-pay preferred brand 5% co-insurance non-preferred brand up to a maximum of \$20 per prescription F9/ co-insurance for non	 For adults 21 and over, limited to 4 prescriptions per month with a maximum of 3 brand names The 4-prescription limit does not apply to children under 19 Insulin is excluded from the 4-prescription limit Ask your doctor or pharmacist about exceptions for medical conditions or certain drugs
Emergency Room	5% co-insurance for non- emergency visits not to exceed \$6 per visit	See Emergency Room section of this handbook
Hearing Aids		 Limited to children under 21 Not to exceed \$800 per ear every 36 months

Global Choices		
Benefit/Service	Co-pays *	Service Limits
Audiometric Services		Limited to children under 21One audiologist visit per calendar year
Vision Services	\$2 co-pay for ophthalmologic or optometric office visit	 Eyewear limited to children under 21 Adults and children limited to 1 eye exam per calendar year \$200 limit per calendar year. Maximum paid for one pair of glasses is \$150.
Prosthetic Devices		
Home Health Services		
Durable Medical Equipment (DME)	3% co-insurance up to a maximum of \$15 per month	
Early and Periodic Screening, Diagnosis, and Treatment (EPSDT)		Limited to children under 21
Substance Abuse		EPSDT and pregnant women only
 Maternity Services Nurse mid-wife services Pregnancy-related services Services for other conditions that might complicate pregnancy 60 days postpartum pregnancy-related services Family Planning Podiatry Services 	\$2 co-pay	
End Stage Renal Disease and Transplants		

^{* &#}x27;Groups With Co-pay' include SSI members and Caretaker Relatives.

^{**} The Kentucky Medicaid Pharmacy Program allows pharmacy providers to dispense a 93-day supply or 100-dosage units, whichever is greater, of selected medications. If you have questions about which medications may be dispensed as a 93-day supply or 100-dosage units, check with your pharmacist.

^{*** &#}x27;Physician Office Services' includes physicians, certified pediatric and family nurse practitioners, nurse midwives, Federally Qualified Health Centers (FQHC's), rural health clinics (RHC's), primary care centers (PCC's), and physician assistants.

^{**** &#}x27;Behavioral Health Services' include mental health rehab/stabilization, behavioral support, psychological services, and inpatient psychiatric services.

Family Choices

Family Choices is the *KyHealth Choices* plan for most children. This plan covers basic medical services. Kentucky Children's Health Insurance Program (KCHIP) is part of the Family Choices Plan. This is not a complete list of services. If a service is not listed, there is no co-pay. Some benefit limits can be increased if the service is medically necessary (requires prior approval).

Call *KyHealth Choices* at 1-800-635-2570 with questions about your benefits or visit the website at https://kyhealthchoices.fhsc.com.

Some people covered by KyHealth Choices never have to pay co-pays. These people include:

- Non-KCHIP Children
- Children under 19 years old who are in foster care
- Pregnant women
- Hospice care patients
- Personal Care or Family Care Home

Co-pays cannot be more than 5% of a family's income per quarter.

Family Choices		
Benefit/Service K-CHIP Children Service Limits		
Benefit del vide	Co-pays	oci vioc Limito
Medical Out-of-Pocket	\$225 per calendar year	
Maximum	(January – December)	
Pharmacy Out-of-Pocket	\$225 per calendar year	See prescription drug benefits
Maximum *	(January – December)	
Acute Inpatient Hospital		
Services		
Laboratory, Diagnostic and		
Radiology Services		
Out-patient Hospital /		
Ambulatory Surgical Centers		
Physician Office Services **		
Behavioral Health Services ***		
Allergy Services	\$2 co-pay for office visit and testing	Shots and allergy treatments limited to children under 21
Preventive Services		
Emergency Ambulance		
Dental Services		 Children under 21, to include: 2 cleanings per 12-month period Extractions and fillings 1 set of x-rays per 12-month period Other dental services are available.
Family Planning		

Family Choices		
Benefit/Service	K-CHIP Children Co-pays	Service Limits
Occupational Therapy		At an approved setting
Physical Therapy		At an approved setting
Speech Therapy		At an approved setting
Hospice (non-institutional)		
Non-Emergency		Only to a KyHealth Choices-
Transportation		approved medical service, not to pick up prescriptions (KCHIP III children who pay a monthly premium are not eligible for non-emergency transportation.)
Chiropractic Services		Limited to 26 visits per 12- month period
Prescription Drugs (For Members who do NOT have Medicare Part D)	 \$1 generic \$2 preferred \$3 non-preferred brand 	 For adults 21 and over, limited to 4 prescriptions per month with a maximum of 3 brand names These limits do not apply to children under 19 Insulin is excluded from the 4-prescription limit Ask your doctor or pharmacist about exceptions for medical conditions or certain drugs
Emergency Room	5% co-insurance for non- emergency visits not to exceed \$6 per visit	See Emergency Room section of this handbook
Hearing Aids		 Limited to children under 21 Not to exceed \$800 per ear every 36 months
Audiometric Services		One audiologist visit per calendar year
Vision Services		 Eyewear limited to children under 21 \$400 limit per calendar year Maximum paid for one pair of glasses is \$150 Children limited to 1 eye exam per calendar year
Prosthetic Devices		\$1500 maximum per calendar year
Home Health Services		Limited to 25 visits per calendar year
Durable Medical Equipment (DME)		

Family Choices		
Benefit/Service	K-CHIP Children Co-pays	Service Limits
Early and Periodic Screening, Diagnosis, and Treatment (EPSDT)		Limited to children under 21. KCHIP III children who pay a monthly premium are not eligible for non-emergency transportation.
Substance Abuse		EPSDT and pregnant women only. KCHIP III children who pay a monthly premium are not eligible for non-emergency transportation.
Podiatry		
Maternity Services		
Nurse mid-wife services		
Pregnancy-related services		
Services for other conditions		
that might complicate pregnancy		
 60 days postpartum 		
pregnancy-related services		

 The Kentucky Medicaid Pharmacy Program allows pharmacy providers to dispense a 93day supply or 100-dosage units, whichever is greater, of selected medications. If you have questions about which medications may be dispensed as a 93-day supply or 100-dosage units, check with your pharmacist.

^{** &#}x27;Physician Office Services' includes physicians, certified pediatric and family nurse practitioners, nurse midwives, Federally Qualified Health Centers (FQHC's), rural health clinics (RHC's), primary care centers (PCC's), and physician assistants.

^{*** &#}x27;Behavioral Health Services' include mental health rehab/stabilization, behavioral support, psychological services, and inpatient psychiatric services.

Optimum Choices

Optimum Choices is the benefit plan that covers members with mental retardation or developmental disabilities who need long-term care. The member must:

- Meet Intermediate Care Facilities for the Mentally Retarded (ICF/MR) level of care and be in an ICF/MR, or
- Receive services through Supports for Community Living (SCL) Waiver (mental retardation or developmental disability)

This plan has all the benefits that are included in Global Choices. This is not a complete list of services. If a service is not listed, there is no co-pay. Some service limits can be increased if the service is medically necessary (requires prior approval).

Call *KyHealth Choices* at 1-800-635-2570 with questions about your benefits or visit the website at https://kyhealthchoices.fhsc.com.

Some people covered by KyHealth Choices never have to pay co-pays. These people include:

- Non-KCHIP Children
- Children under 19 years old who are in foster care
- Pregnant women
- Hospice care patients
- Personal Care or Family Care Home
- Members who live in an ICF/MR

Co-pays cannot be more than 5% of a family's income per quarter.

Optimum Choices		
Benefit/Services	SCL Waiver Co-pays	Service Limits
Medical Out-of-Pocket	\$225 per calendar year	
Maximum	(January – December)	
Pharmacy Out-of-Pocket	\$225 per calendar year	See prescription drug benefit
Maximum*	(January – December)	
Acute Inpatient Hospital	\$10 co-pay	
Services		
Laboratory, Diagnostic and		
Radiology Services		
Out-patient Hospital /	\$3 co-pay	
Ambulatory Surgical Centers		
Physician Office Services **		
Behavioral Health Services ***		
Allergy Services		Shots and allergy treatments
		limited to children under 21
Preventive Services		
Emergency Ambulance		

Optimum Choices		
Benefit/Services	SCL Waiver Co-pays	Service Limits
Dental Services		 Children under 21, to include: 2 cleanings per 12-month period Extractions and fillings 1 set of x-rays 12-month period Other dental services are available Adults 21 and over: 1 cleaning per 12-month period Limited to one dental visit per month Extractions and fillings 1 set of x-rays per 12-month period
Family Planning		
Occupational Therapy		At an approved setting: No limit for children under 21 Adults 21 and over are limited to 30 visits per calendar year
Physical Therapy		At an approved setting: No limit for children under 21 Adults 21 and over are limited to 30 visits per calendar year
Speech Therapy		 At an approved setting: No limit for children under 21 Adults 21 and over are limited to 30 visits per calendar year
Hospice (non-institutional)		
Non-Emergency Transportation		Only to a <i>KyHealth Choices</i> - approved medical service, <i>not</i> <i>to pick up prescriptions.</i>
Chiropractic Services		Limited to 26 visits per 12- month period for children and adults

Optimum Choices		
Benefit/Services	SCL Waiver	Service Limits
	Co-pays	
Prescription Drugs (For Members who do NOT have Medicare Part D)	 \$1 co-pay generic \$2 co-pay preferred brand 5% co-insurance non-preferred brand up to a maximum of \$20 per prescription 	 Members are normally limited to 4 prescriptions per month with a maximum of 3 brand names These limits do not apply to children under 19 or people without Medicare Part D coverage who live in a nursing home Insulin is excluded from the 4-prescription limit Ask your doctor or pharmacist about exceptions for medical conditions or certain drugs
Emergency Room	5% co-insurance for non- emergency visits not to exceed \$6 per visit	See Emergency Room section of this handbook
Hearing Aids		Limited to children under 21Not to exceed \$800 per ear every 36 months
Audiometric Services		Limited to children under 21One audiologist visit per calendar year
Vision Services	\$2 co-pay for ophthalmologic or optometric office visit	 Eyewear limited to children under 21 \$400 limit per calendar year. Maximum paid for one pair of glasses is \$150. Adults and children limited to 1 eye exam per calendar year
Prosthetic Devices		
Home Health Services		
Durable Medical Equipment (DME)	3% co-insurance up to a maximum of \$15 per month	
Early and Periodic Screening, Diagnosis, and Treatment (EPSDT)		Limited to children under 21
Substance Abuse		EPSDT and pregnant women only

Optimum Choices		
Benefit/Services	SCL Waiver Co-pays	Service Limits
Maternity Services		
 Nurse mid-wife services 		
 Pregnancy-related services 		
 Services for other 		
conditions that might		
complicate pregnancy		
 60 days postpartum 		
pregnancy-related services		
Podiatry Services	\$2 co-pay	
End Stage Renal Disease and		
Transplants		
Nursing Home Care		

^{*} The Kentucky Medicaid Pharmacy Program allows pharmacy providers to dispense a 93-day supply or 100-dosage units, whichever is greater, of selected medications. If you have questions about which medications may be dispensed as a 93-day supply or 100-dosage units, check with your pharmacist.

If you are in Optimum or Comprehensive Choices and would rather be in Global Choices, call 1-800-635-2570 to change. Keep in mind Global Choices has higher co-pays and more service limits.

^{** &#}x27;Physician Office Services' includes physicians, certified pediatric and family nurse practitioners, nurse midwives, Federally Qualified Health Centers (FQHC's), rural health clinics (RHC's), primary care centers (PCC's), and physician assistants.

^{*** &#}x27;Behavioral Health Services' include mental health rehab/stabilization, behavioral support, psychological services, and inpatient psychiatric services.

Comprehensive Choices

Comprehensive Choices is the plan that covers members who meet nursing facility (NF) level of care. The member may be in a nursing home or be in the:

- Home and Community Based (HCB)
 Waiver (aged and/or disabled)
- Model II Waiver (ventilator-dependent), or
- Acquired Brain Injury (ABI) Waiver

This plan has all the benefits that are included in Global Choices. This is not a complete list of services. If a service is not listed, there is no copay. Some service limits can be increased if the service is medically necessary (requires prior approval).

Call *KyHealth Choices* at 1-800-635-2570 with questions about your benefits or visit the website at https://kyhealthchoices.fhsc.com

Some people covered by KyHealth Choices never have to pay co-pays. These people include:

- Non-KCHIP Children
- Children under 19 years old who are in foster care
- Pregnant women
- Hospice care patients
- Personal Care or Family Care Home
- Members living in a nursing facility

Co-pays cannot be more than 5% of a family's income per quarter.

Comprehensive Choices		
Benefit/Service	ABI, Model II, or HCB Waiver Co-pays	Service Limits
Medical Out-of-Pocket Maximum	\$225 per calendar year (January – December)	
Pharmacy Out-of-Pocket Maximum*	\$225 per calendar year (January – December)	See prescription drug benefits
Acute Inpatient Hospital Services	\$10 co-pay	
Laboratory, Diagnostic and Radiology Services		
Out-patient Hospital / Ambulatory Surgical Centers	\$3 co-pay	
Physician Office Services **		
Behavioral Health Services***		
Allergy Services		Shots and allergy treatments limited to children under 21
Preventive Services		
Emergency Ambulance		

Comprehensive Choices		
Benefit/Service	ABI, Model II, or HCB Waiver Co-pays	Service Limits
Dental Services		 Children under 21, to include: 2 cleanings per 12-month period Extractions and fillings 1 set of x-rays per 12-month period Other dental services are available Adults 21 and over: One cleaning per 12-month period Limited to one dental visit per month Extractions and fillings 1 set of x-rays per 12-month period
Family Planning		
Occupational Therapy		 At an approved setting: No limit for children under 21 Adults 21 and over are limited to 30 visits per calendar year
Physical Therapy		At an approved setting: No limit for children under 21 Adults 21 and over are limited to 30 visits per calendar year
Speech Therapy		At an approved setting: No limit for children under 21 Adults 21 and over are limited to 30 visits per calendar year
Hospice (non-institutional)		
Non-Emergency Transportation		Only to a KyHealth Choices- approved medical service, not to pick up prescriptions
Chiropractic Services		Limited to 26 visits per 12- month period for children and adults

Comprehensive Choices		
Benefit/Service	ABI, Model II, or HCB Waiver Co-pays	Service Limits
Prescription Drugs (For Members who do NOT have Medicare Part D)	 \$1 co-pay generic \$2 co-pay preferred brand 5% co-insurance non-preferred brand up to a maximum of \$20 per prescription 	 Members are normally limited to 4 prescriptions per month with a maximum of 3 brand names The 4-prescription limit does not apply to children under 19 or people without Medicare Part D coverage and who live in nursing homes Insulin is excluded from the 4-prescription limit Ask your doctor or pharmacist about exceptions for medical conditions or certain drugs
Emergency Room	5% co-insurance for non- emergency visits not to exceed \$6 per visit	See Emergency Room section of this handbook
Hearing Aids		 Limited to children under 21 Not to exceed \$800 per ear every 36 months
Audiometric Services		Limited to children under 21One audiologist visit per calendar year
Vision Services	\$2 co-pay for ophthalmologic or optometric office visit	 Eyewear limited to children under 21 \$400 limit per calendar year. Maximum paid for one pair of glasses is \$150. Adults and children limited to 1 eye exam per calendar year
Prosthetic Devices		
Home Health Services		
Durable Medical Equipment (DME)	3% co-insurance up to a maximum of \$15 per month	
Early and Periodic Screening, Diagnosis, and Treatment (EPSDT)		Limited to children under 21
Substance Abuse		EPSDT and pregnant women only

Comprehensive Choices		
Benefit/Service	ABI, Model II, or HCB Waiver Co-pays	Service Limits
Maternity Services		
 Nurse mid-wife services 		
 Pregnancy-related services 		
Services for other		
conditions that might		
complicate pregnancy		
60 days postpartum		
pregnancy-related services	**	
Podiatry Services	\$2 co-pay	
End Stage Renal Disease and		
Transplants		

^{*} The Kentucky Medicaid Pharmacy Program allows pharmacy providers to dispense a 93-day supply or 100-dosage units, whichever is greater, of selected medications. If you have questions about which medications may be dispensed as a 93-day supply or 100-dosage units, check with your pharmacist.

If you are in Optimum or Comprehensive Choices and would rather be in Global Choices, call 1-800-635-2570 to change. Keep in mind Global Choices has higher co-pays and more service limits.

^{** &#}x27;Physician Office Services' includes physicians, certified pediatric and family nurse practitioners, nurse midwives, Federally Qualified Health Centers (FQHC's), rural health clinics (RHC's), primary care centers (PCC's), and physician assistants.

^{*** &#}x27;Behavioral Health Services' include mental health rehab/stabilization, behavioral support, psychological services, and inpatient psychiatric services.

Prior Authorization

Some medical services have to be approved before you get them. Your Primary Care Provider (PCP) will ask for these services if you need them. Getting approval for services before you get them is called Prior Authorization. If a service is denied, you may ask for a review. See section on "Denied Services". Some (but not all) of the services that need to be approved before you get them are:

- Acute inpatient hospitalizations
- Critical access hospital
- Some dental services
- Diagnostic services
- Durable medical equipment (wheelchairs, crutches, etc.)
- Home health services
- Inpatient psychiatric services (under age 21)
- Occupational therapy for adults 21 and over who exceed the limit
- Personal care services
- Some pharmacy services
- Physical therapy for adults 21 and over who exceed the limit

- Nursing facility services
- Private duty nursing only covered through EPSDT Special Services or Model Waiver
- Prosthetic devices
- Respiratory care for ventilatordependent
- Speech therapy for adults 21 and over who exceed the limit
- Transplants
- Some transportation
- Waiver services (Acquired Brain Injury, Home and Community Based, Model II, Supports for Community Living)

Early Periodic Screening, Diagnosis, and Treatment (EPSDT)

EPSDT is a program for children from birth to age 21 who are eligible for Medicaid or the Kentucky Children's Health Insurance Program (KCHIP).

Under the EPSDT program, children are checked for medical problems early, on a regular basis. These health check-ups are available at your doctor or local health department. Scheduled check-ups protect your child's health and future. The program identifies health problems before they become serious.

If your child needs additional services, *KyHealth Choices* may cover them. EPSDT Special Services will cover some health services not normally covered by Medicaid. This may include medical supplies and special equipment; dental services not normally covered; allergy serum and shots; and mental health services not normally covered. These EPSDT Special Services require a prior authorization. Your provider will ask for this prior authorization. KCHIP children who pay a monthly premium are not eligible for EPSDT Special Services or for help with non-emergency transportation..

How to Get Transportation Services

KyHealth Choices will pay to take some members to get medical services covered by *KyHealth Choices*. If you need a ride, you must talk to the transportation broker in your county to schedule a trip. To learn how to reach your transportation broker call 1-888-941-7433. (KCHIP III children who pay monthly premiums do not get non-emergency transportation.)

Each county in Kentucky has a transportation broker. You can only use the transportation broker for a ride if you can't use your own car or don't have one. If you can't use your car, you have to get a note for the transportation broker that explains why you can't use your car. If you need a ride from a transportation broker and you or someone in your household has a car, you can:

- · Get a doctor's note that says you cannot drive
- Get a note from your mechanic if your car won't run
- Get a note from the boss or school official if your car is needed for someone else's work or school
- Get a copy of the registration if your car is junked

KyHealth Choices does not cover rides to pick up prescriptions.

For a list of transportation brokers and their contact information, please visit https://kyhealthchoices.fhsc.com or call *KyHealth Choices* at 1-800-635-2570. For more information about transportation services, call 1-888-941-7433.

You should always try to go to a medical facility that is close to you. However, if you need medical care from someone outside your service area, you have to get a note from your PCP. The note has to say why it's important for you to travel outside your area. (Your area is your county and the counties next to it).

If you are in a wheelchair or if you can walk but are disoriented, you may choose a transportation company that can meet these special needs. Contact your broker to see what special needs companies are available. You have to get a note from your PCP. The note has to say why that type of transportation is needed.

The hours of operation are Monday – Friday 8:00 a.m. – 4:30 p.m. and Saturday 8:00 a.m. – 1:00 p.m. If you need a ride, you have to call 72 hours before the time that you need the ride. If you have to cancel an appointment, call your broker as soon as possible.

Services Not Covered

KyHealth Choices only pays for services that are medically necessary. Below are some of the services that KyHealth Choices does not pay for. If you use services that KyHealth Choices does not pay for, you will have to pay for them.

- Services from providers who are not KyHealth Choices providers
- Services that are not medically necessary
- Transportation to pick up prescriptions
- Massage and hypnosis
- Abortion (unless the mother's life is in danger, or in the case of incest or rape)
- In vitro fertilization
- Paternity testing
- Hysterectomy for sterilization purposes
- Hospital stays if you can be treated outside the hospital
- Cosmetic surgery

- Fertility drugs
- Braces for teeth, dentures, partials, and bridges for persons 21 and over
- Glasses and contact lenses for persons 21 and over
- Hearing aids for persons 21 and over
- Fans, air conditioning, humidifiers, air purifiers, computers, home repairs

If you have questions, call *KyHealth Choices* at 1-800-635-2570 or visit the website at https://kyhealthchoices.fhsc.com. Dial 711 for KY Relay.

Choosing or Changing Your Primary Care Provider (PCP)

Benefits of Having a PCP

Having a Primary Care Provider (PCP) is an important part of *KyHealth Choices*. No matter what program you are in, we encourage you to choose a PCP who can coordinate your care. Make sure that the PCP you choose is a *KyHealth Choices* provider. Medicaid will place *KyHealth Choices* members in the Kentucky Patient Access and Care Program (KenPAC) if they are eligible.

Choosing or Changing a PCP for KenPAC Members

Many people with *KyHealth Choices* are in KenPAC. Participating in KenPAC does not affect your *KyHealth Choices* benefits. KenPAC is designed to improve the health care that you get by providing you with a PCP. If you get your *KyHealth Choices* benefits through DCBS, your worker will ask you to pick a PCP. Supplemental Security Income (SSI) members should call the Help Desk at 1-877-298-6108.

These are some examples of the types of providers who can be your PCP:

- Pediatrician, internist, family doctor, general doctor, obstetrician (OB), or a gynecologist (GYN)
- Nurse Practitioner
- A Physician Assistant who works in a primary care center or a rural health center.

Any PCP you choose has to be part of the KenPAC program. The PCP also has to have an opening for you. If you choose a PCP who isn't taking new patients, you will have to choose someone else. If your family doctor is not part of the KenPAC program, you will have to choose someone else. If you do not decide which PCP you want, *KyHealth Choices* will choose one for you.

Reasons or Times to Change Your PCP for KenPAC Members

You can change your PCP for any of the following reasons:

- Your PCP is no longer a KyHealth Choices provider
- Your PCP disenrolls you
- You or your current provider are no longer in the same medical service area (your county or the counties next to it)

You can also change your PCP at any of the following times:

When you renew your coverage

- Within 90 days of your initial enrollment with a provider or within 90 days of the date the department sends you notice of initial enrollment
- Once every 12 months after initial enrollment
- At any time by written request with approval from the Department for Medicaid Services

Working with Your PCP for KenPAC Members

Your PCP will provide services to you on a regular basis and knows your medical history. Your PCP usually sees you first when you need medical care. Your PCP will:

- Be available by phone 24 hours a day, 7 days a week (or offer a back-up)
- Take care of all your basic health care needs
- Send you to a specialist when you need one
- Keep screenings and shots for children up-to-date
- Help you improve your health

When you choose a PCP you should schedule an appointment to meet your doctor before you get sick. If you have an existing medical condition, you should try to take your medical records with you to the doctor's office.

Seeing a Specialist for KenPAC Members

First, you must go to your PCP. He or she will help you choose a specialist who can give you the care you need. You cannot see a specialist unless referred by your PCP. If you see a specialist without a referral from your PCP, you can be charged for the services you get. If you are pregnant, you do not have to see your PCP before you visit an OB/GYN.

Second Opinions for KenPAC Members

You can get a second opinion if you have questions about a diagnosis or treatment your PCP suggests. Be sure you have a referral from your PCP before you go to another doctor for a **second opinion**. The second doctor will tell you what kind of treatment you need and then send you back to your PCP. Your PCP will take care of you. If you are treated by the second doctor and don't get a referral from your PCP, you may have to pay for any services you get.

Services KenPAC Members Can Get Without First Seeing a PCP

Services that do not require a referral from your PCP include:

- Mental Health
- Family Planning Services
- Basic Dental, Vision and Hearing Care
- **Podiatry**

- Maternity and Newborn Care
- Transportation
- Chiropractic Care
- Screenings and Treatment for Sexually **Transmitted Diseases**

Passport

Passport is a KyHealth Choices health care plan for most people who live in the 16 counties surrounding Louisville. They are Breckinridge, Bullitt, Carroll, Grayson, Hardin, Henry, Jefferson,

Larue, Marion, Meade, Nelson, Oldham, Shelby, Spencer, Trimble and Washington. If you live in this region, you will get a Passport Member Handbook, Passport card and a *KyHealth Choices* card. You will need both cards to get services. The Passport Member Services information number is 1-800-578-0603.

Lock-In Program

Members who abuse their Medicaid services may be put in the Lock-In Program. For example, this might happen if you go to the emergency room too often or get a lot of different medicines from different doctors. When you are put in the Lock-In Program, a PCP and a pharmacy are chosen for you. Your PCP will take care of your health care needs. Your PCP will manage your referrals to all health care facilities except emergency services. You cannot choose to go to another PCP. You will go to only one pharmacy to have all of your prescriptions filled.

If you don't think you should be put in the Lock-In program, you can appeal and get a hearing. (See the *How to Ask for a Hearing* section of this handbook for more information). For more information, call 1-877-298-6108.

KyHealth Choices and Third Party Liability (TPL)

If you have other health insurance along with *KyHealth Choices* or lose coverage with another insurance plan, *KyHealth Choices* needs to know. Contact your local DCBS office or call *KyHealth Choices* at <u>1-800-807-1459</u> if you have changes in your health insurance.

When you have other health insurance, your provider should always bill that health insurance first. *KyHealth Choices* always pays last. This is called "Third Party Liability" (TPL). If *KyHealth Choices* pays the bill when you have other health insurance, your other health insurance will have to pay the money back. For questions about TPL, call 1-800-635-2570.

Examples of other insurance are:

- Personal health insurance (Anthem / Blue Cross Blue Shield, AARP, Humana)
- Veteran's coverage
- Worker's Compensation
- Auto Insurance to cover injury due to an auto accident
- If you sue someone in court to recover expenses due to injury, disease or disability
- Insurance that pays you if you have cancer, heart disease, and other disabilities
- Student health insurance policies
- Sports health insurance policies
- Medicare

24-Hour Nurse Information Line

KyHealth Choices knows that it is important to have access to health care information and advice when you need it. That is why we have a 24-hour Nurse Information Line. The Nurse Information Line will let you talk to a nurse, 24 hours a day, 7 days a week. **This Nurse Information Line does not replace your PCP and cannot provide referrals or authorize services.**

When you call the Nurse Information Line, you can get medical advice when you are not sure if you should go to the Emergency Room. You can contact the 24-Hour Nurse Information Line at 1-877-844-6970. You must provide your *KyHealth Choices* ID number when you call.

Emergency Room (ER) Use

You should go to the ER when you have signs of a medical condition that could be life-threatening or that could cause permanent damage if not treated right away. If you think you have a condition like this, go to the nearest ER. Call 911 if you need help getting to the ER. If you aren't sure that you are having an emergency, call your PCP or the 24-Hour Nurse Information Line. The list below has examples of when to go to the ER. Only go to the ER for true emergencies. You will have to pay 5% of your ER bill, (up to \$6 per visit), if you get services at the ER for something other than an emergency.

Examples for visiting the ER	Examples for visiting your PCP or the Urgent Treatment Center
Loss of consciousness, fainting	Earache
Signs of heart attack or stroke	Small cuts
Severe shortness of breath	Dog bite
Bleeding severely or uncontrollably	Sprains and strains
Sudden, constant pain	Asthma (unless life-threatening)
Head or spinal injury	Low fever
Suicidal feelings	Coughs, colds, flu
Seizures	Eye problems (infections, scratches)
Miscarriage or pregnancy with vaginal	Stomach ache
bleeding	
Physical attack or rape	Backache
Poisoning or drug overdose	Migraine
Severe vomiting or diarrhea that does	Sore throat
not stop	
Paralysis	Skin rash
Shock	Sexually Transmitted Diseases
Major burns	Medication review
Suddenly become confused – mental	Physical exams
status changes	
Any life-threatening situation	Immunizations
	Pregnancy tests
	Pap smear, Mammogram

KyHealth Choices Rights and Responsibilities

Your KyHealth Choices Rights

- To get good medical care no matter your race, color, religion, sex, age, disability, or nationality
- To be treated with respect and dignity and to have your privacy protected
- To have a choice about your KyHealth Choices PCP and be able to change your PCP within the rules

- To get medical care when you need it
- To ask questions and get answers about your health care
- To be told that services are not covered before you get them
- To be part of all decisions about your health care
- To ask for a second opinion
- To have your medical records and care kept private (See HIPAA section of this handbook for more information about privacy rights)
- To look at copies of your medical records and get copies if you want them
- To complain or ask for a hearing if you have problems with your eligibility or health care

Your KyHealth Choices Responsibilities

- To give the best information you can so that *KyHealth Choices* and your providers can take care of you and your family
- To follow your PCP's instructions and care plans
- To call your PCP first when you need medical care
- To go to providers who take your medical card
- To show your latest medical card every time you get medical services
- To make sure that you only see KyHealth Choices providers
- To keep all appointments and be on time
- To cancel an appointment if you can't get there
- To pay your co-pays
- To follow the rules of your PCP's office or clinic. If you or others don't follow the rules, your provider can ask you to leave.
- To ask your PCP questions if you don't understand something about your medical care
- To tell the truth about yourself and your medical problems
- To report suspected fraud and abuse
- To understand your rights and responsibilities as a KyHealth Choices member

Fraud and Abuse

Member Fraud and Abuse

Medicaid fraud can be:

- Lying or holding back information when you sign up to be a member of KyHealth Choices or **KCHIP**
- Letting someone else use your KyHealth Choices card
- Not telling your DCBS worker about changes in income and family status
- Not telling KyHealth Choices that you have other insurance

Medicaid abuse can be:

- Too many ER visits for problems that are not emergencies
- Using pain medicines that you don't need
- Getting prescriptions that you don't need

If you commit Medicaid fraud, you:

Have to pay back any money Medicaid paid for you to get services

- Could be prosecuted for a crime and go to jail
- Could lose your KyHealth Choices benefits for up to a year

Provider Fraud

Providers can commit fraud in a lot of different ways. Provider fraud, like member fraud, takes money from those who need it. Because of this fraud, there is less money to treat members who need medical help. You can help stop provider fraud. Keep a record of:

- Medical services you get
- When and where the service takes place
- Name of the person who takes care of you
- Any other services ordered by the provider

Some examples of provider fraud are:

- Billing for services that you didn't get
- Making an appointment for a return office visit when you don't need one
- Taking x-rays, doing blood work, etc. that you don't need
- Billing you for services that someone else in the office actually performed (charging you too much for those services)
- Billing for more time than the service took
- Adding extra names to your bill (for example, a family member) and billing for those
- Taking money from another provider to refer you to him

Reporting Medicaid Fraud

If you think someone has committed Medicaid fraud or abuse, call Medicaid's Fraud and Abuse Hotline at 1-800-372-2970. Everything you say is private.

Health Insurance Portability and Accountability Act (HIPAA)

Your health information is personal. HIPAA rules give you the right to control your personal health information (PHI). Any health information that can be used to identify you is protected health information.

Anyone who takes part in your medical care can see your PHI. Everyone who handles your health information is legally required to protect the privacy of your PHI. Anyone who uses your PHI in a wrong way is responsible for that.

PHI can be legally used in certain ways. A provider who is treating you can see as much of your PHI as he needs to be able to take care of you. He can only see the information he needs to treat you.

Only the minimum amount of PHI can be legally used without your permission. You can decide to let people use your PHI if you think it is necessary. If you decide to let someone else use your PHI, then you have to write a detailed letter saying that person is allowed to use it. A person has to have a written statement to ask for your PHI, even if that person is a spouse or a family member.

Where Do I Send Questions?

If you have questions about HIPAA and your PHI, you can contact the DMS Privacy Officer. The address is:

Cabinet for Health and Family Services Ombudsman's Office Attn: HIPAA Compliance Officer 275 E. Main Street (IE-B) Frankfort, Kentucky 40621

You can call *KyHealth Choices* at 1-800-635-2570 or visit the website at https://kyhealthchoices.fhsc.com. If you have a hearing problem, you can call the TDD/TTY number at 711 to reach KY Relay.

Complaints

If you think your PHI has been used incorrectly, you can make a complaint. The address is:

The Secretary of Health and Human Services Room 615F 200 Independence Ave., SW Washington, D.C. 20201

You can call the U.S. Department of Health and Human Services at 1-877-696-6775. You can also call the United States Office of Civil Rights at 1-866-OCR-PRIV (1-866-627-7748) or 1-866-788-4989 TTY if you have a hearing problem.

How to Ask For a Hearing

You have the right to apply for a hearing if:

- You were denied a service by KyHealth Choices
- You have been placed in Lock-In

A hearing gives you a chance to explain your situation to a hearing officer. The hearing officer decides if *KyHealth Choices* has made the right decision.

Denied Services

If you did not get a *KyHealth Choices* service you think you should have, call *KyHealth Choices* at 1-800-635-2570. We will look at your record and help you understand why you did not get the service. We must provide written notice to you whenever *KyHealth Choices* stops, reduces or suspends Medicaid eligibility or covered services.

If you still think that you should get a service after you talk to *KyHealth Choices*, you can ask for a hearing. To ask for a hearing, you need to write a letter to *KyHealth Choices*. (A sample of a letter is included at the end of this section).

If you are being denied a service that you are getting now, you must mail your written request within 10 days of getting your denial notice to keep getting the *KyHealth Choices* service. If you do not need to keep your service, you have up to 30 days of getting your denial letter to mail in a written request for a hearing. *KyHealth Choices* will only take written requests. If you ask for a hearing, you will keep your benefits (except for EPSDT Special Services) through the hearing process.

If you are being denied a new service you will not be able to get the service until the hearing is completed.

You will get a written notice of the hearing date. The notice will tell you what time the hearing is and where to go. The hearing will be close to your house. If you want to have the hearing on the phone, you can ask for that. The hearing date should be no more than 30 days from the date of your letter asking for a hearing. Before the hearing, you have the right to examine your case file and any documents or records that will be used at the hearing by *KyHealth Choices*.

Go to the hearing. If you don't go, your case will be dismissed. At the hearing you will explain your problem with the hearing officer and you can say why you should get that service. You can bring a friend or a lawyer with you and any witnesses you believe may be helpful. *KyHealth Choices* may have a lawyer at the hearing also.

The hearing officer will mail you his decision within 90 days of the date of your signature on the letter asking for a hearing. You can file written notice to Medicaid within 15 days of the decision. Medicaid will make a final decision within 90 days of the hearing officer's recommended decision. If you still feel that the decision is wrong, you can appeal to the Circuit Court. You have 30 days from the date of the final order to make that appeal.

Sample Hearing Request Letter

(Date)	
Cabinet for Health and Family Services Department for Medicaid Services Division of Administration and Financial Management 275 East Main Street, 6W-C Frankfort, Kentucky 40621-0001	
Attn: Hearing Request	
Dear Sir or Madame:	
I am writing to ask for a hearing. My Medicaid ID Number is My Social Security Number is My address is My telephone number is (Below write the reason you are requesting a hearing.)	,
Thank you.	
Sincerely,	
(Sign your name)	

Glossary

Term	Definition
Abuse	To wrongly or improperly use something or someone.
Authorized	You can choose someone over 18 years old who knows about
Representative	your health situation. This person is your "Authorized
_	Representative" and can speak to someone at the KyHealth
	Choices call center for you. The call center can be reached at 1-
	800-635-2570.
Behavioral Health	Mental Health Services, including services for alcohol and
Care	substance abuse. Services for alcohol and substance abuse are
	provided only to pregnant women or to members under 21 through
	EPSDT Special Services.
Co-insurance	When you and an insurance company or Medicaid agree to share
	costs. You pay part and they pay part. Usually a co-insurance
	payment is higher than a regular deductible.
Complaint	If you are unhappy about the use of your PHI or any violation of
	your rights, you can make a formal complaint.
Co-pay	When a member has to pay for part of a medical service he or she
	gets, this is called a co-pay.
Deductible	The part of your health care costs that are not covered by an
	insurance plan.
Department of	DCBS delivers services to support the community, such as child
Community	support and child care and follows Medicaid rules to enroll people
Based Services	in KyHealth Choices.
(DCBS) Durable Medical	Durable medical equipment (DME) is equipment used to serve a
Equipment (DME)	medical purpose, can withstand repeated use, and is appropriate
Equipment (Divie)	for use in the home. Some examples of DME include diabetic
	supplies, hospital beds, walkers, wheelchairs, and oxygen tents.
Early and	This program is for children from birth to age 21 who are eligible
Periodic	for Medicaid. Under the EPSDT program, children are checked for
Screening,	medical problems early.
Diagnostic, and	
Treatment	
(EPSDT)	
EPSDT Special	EPSDT covers some special services that are not normally paid
Services	for by KyHealth Choices. Some of these services are: mental
	health services, nitrous oxide (laughing gas) at the dentist's office,
	nutritional supplements, and substance abuse treatment.
Emergency	A medical condition that could be life-threatening or could cause
	permanent damage if not treated right away.
Fraud	Lying or holding back information when you sign up to be a
	member or become a member of KyHealth Choices or KCHIP.

<u>Member Handbook t</u>	Member Handbook to KyHealth Choices			
Term	Definition			
Hearing	You have the right to apply for a hearing if:			
	 You were denied a service by KyHealth Choices 			
	 You have been placed in Lock-In 			
	A hearing gives you a chance to explain your situation to a hearing			
	officer. The hearing officer decides if KyHealth Choices has done			
	everything possible to help you.			
Lock-In	Members who abuse their Medicaid rights may be put in the Lock-			
	In Program. A PCP and a pharmacy are chosen for you.			
Kentucky	KCHIP is a program that provides health insurance coverage to			
Children's Health	low income, uninsured children in Kentucky.			
Insurance				
Program (KCHIP)				
KCHIP III	Children in a family whose income is up to 150% of the federal			
	poverty level.			
Kentucky Patient	KenPAC is one of Kentucky's programs that is designed to			
Access and Care	improve the health care that you get by providing you with a			
Program	Primary Care Provider (PCP) who makes sure you get the help			
(KenPAC)	you need.			
Maternity	Services that monitor the health of a pregnant woman and her			
Services	unborn child. A maternity examination can include: monitoring			
	weight gain or loss, blood pressure, size of the abdomen, position			
	of the fetus, and fetal heartbeat. Other tests your doctor may			
	recommend are ultrasound and fetal heart rate monitoring.			
Medicaid	Medicaid is a state health program that helps pay health care			
	costs for some people with a low income. If you can't pay for			
	medical care, Medicaid could help you get the care you need.			
	KyHealth Choices is the Medicaid program for the Commonwealth			
Nivroe	of Kentucky.			
Nurse Information Line	This phone line is a way for members to talk with a nurse, 24			
877-844-6970	hours a day, 7 days a week at 1-877-844-6970. You can get medical advice when you are not sure if you should go to the			
011-044-0910	Emergency Room.			
The Office of the	Answers questions about programs in the Cabinet for Health and			
Medicaid	Family Services (CHFS). The Medicaid Ombudsman looks into			
Ombudsman	complaints about <i>KyHealth Choices</i> .			
800-627-4702	oomplainto about Tyricalin Onologo.			
Passport	The KyHealth Choices plan for people who live in the 16 counties			
	around Jefferson county.			
Personal Health	Any health information that can be used to identify you is personal			
Information (PHI)	health information (PHI).			

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